

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

Pork Tenderloin (GF)  
Stuffing  
Maple Glazed Carrots

**1**

Daily Salad Bar  
Fresh Fruit  
Milk

Chicken or Veggie  
Quesadilla  
Black Beans  
Rice

**2**

Daily Salad Bar  
Fresh Fruit  
Milk

Baked Mac & Cheese  
Broccoli

**3**

Daily Salad Bar  
Fresh Fruit  
Milk

Homemade Pizza  
Choose – Pesto, Pepperoni  
Or Cheese  
Caesar Salad

**4**

Daily Salad Bar  
Fresh Fruit  
Milk

Teriyaki Chicken  
Brown Rice  
Stir-Fried Veggies (Peppers, Onions,  
Edamame, Broccoli, Cauliflower, Carrots)

**7**

Daily Salad Bar  
Fresh Fruit  
Milk

Taco Tuesday (GF)  
Soft Corn Shell  
Beef or Black Bean  
Refried Beans

**8**

Daily Salad Bar  
Fresh Fruit  
Milk

Baked Chicken (GF)  
Green Beans  
Corn  
Egg Noodles

**9**

Daily Salad Bar  
Fresh Fruit  
Milk

American Chop Suey  
Corn on the Cob  
Dinner Roll

**10**

Daily Salad Bar  
Fresh Fruit  
Milk

Breakfast for Lunch  
Sausage Egg and Cheese  
Casserole  
Pancakes, Bacon

**11**

Daily Salad Bar  
Fresh Fruit  
Milk

Beef or Bean Burrito  
OR  
Burrito Bowl (GF)  
Spanish Rice

**14**

Daily Salad Bar  
Fresh Fruit  
Milk

Meatloaf (GF)  
Mashed Potatoes  
Brussels Sprouts  
Dinner Roll

**15**

Daily Salad Bar  
Fresh Fruit  
Milk

Chicken Caesar Wrap  
Or  
Turkey Bacon Wrap  
Sweet Potato Fries

**16**

Daily Salad Bar  
Fresh Fruit  
Milk

Spaghetti  
Meat Sauce or Marinara  
Roasted Cauliflower

**17**

Daily Salad Bar  
Fresh Fruit  
Milk

Homemade Pizza  
Choose – Pesto, Pepperoni  
Or Cheese  
Caesar Salad

**18**

Daily Salad Bar  
Fresh Fruit  
Milk

Chicken Sandwich  
Cole Slaw  
Fries

**21**

Daily Salad Bar  
Fresh Fruit  
Milk

Taco Tuesday (GF)  
Soft Corn Shell  
Beef or Black Bean  
Refried Beans

**22**

Daily Salad Bar  
Fresh Fruit  
Milk

Baked Ham (GF)  
Scalloped Potatoes  
Asparagus  
Dinner Roll

**23**

Daily Salad Bar  
Fresh Fruit  
Milk

Chicken Alfredo  
Fettuccini Noodles  
Steamed Broccoli

**24**

Daily Salad Bar  
Fresh Fruit  
Milk

Homemade Pizza  
Choose – Pesto, Pepperoni  
Or Cheese  
Caesar Salad

**25**

Daily Salad Bar  
Fresh Fruit  
Milk

NO SCHOOL

**28**

Hamburgers or  
Black Bean Burgers  
Oven Fries

**29**

Daily Salad Bar  
Fresh Fruit  
Milk

BBQ Chicken Drumsticks (GF)  
Or Chicken Tenders  
Baked Beans  
Corn Bread Muffins

**30**

Daily Salad Bar  
Fresh Fruit  
Milk

BLT's  
Spinach Salad

**31**

Daily Salad Bar  
Fresh Fruit  
Milk